

CVMS

April 12, 2024

NEWSLETTER

From the Principal

Good afternoon, Bobcat Families!

Next week is Wellness Week at CVMS. All students will participate in an Advisory lesson on Monday about tools to help students navigate various forms of stress. Our ASB will also be running daily activities to promote healthy habits, social-emotional well-being, and positive thinking. This is such a critical age for students to develop the skills and habits of mind that will help them manage their own well-being!

I look forward to meeting with CVMS families on Friday, April 19 for Coffee with the Principal. SDUHSD Instructional Technology Specialist, Amy Springstead, will present useful information for parents regarding how to use available technology to support your student at home. Additionally, Mr. Molina will be discussing our upcoming Health Education Unit. In accordance with the California Healthy Youth Act, all 7th and 8th grade Science classes will begin our comprehensive sexual health education instruction later this spring. Please check your email for a letter and go to the [SDUHSD Health Education website](#) for additional information.

Have a great weekend! Go Bobcats! Grrrrr...

Adam Bishop
Principal

Upcoming Events

4/8-19 Knotts Berry Farm tickets on sale for 8th grade only

4/15-19 Wellness Week

4/17 Student Council during PAW

4/18 Full Evacuation Drill during PAW

4/19 Coffee w/the Principal 8:30 am

4/22 Late Start - Classes start at 9:45 am

4/22 8th Grade Promotion Applications Available for speech and singing auditions

4/24 Bobcat Brag Party during PAW

4/24 ML Learner Parent Meeting 6: - 7:30 at Earl Warren Middle School

4/25 Career Speakers during PAW

4/25-26 SBAC testing in Science

4/25 Family Fun Night 5-8 pm

Every Tues/Thurs:

Academic Power Hour (tutoring) in the Learning Commons



Donate to CVMS

Thank you to everyone who has already donated. If you haven't please consider donating to Carmel Valley Middle School! Every dollar helps support programs on campus!

cvmsptsa.square.site/fundraiser



Follow us on Instagram @CVMSBobcats_Official

ASSISTANT PRINCIPAL'S MESSAGE

Good Morning CVMS 8th Grade Families!

Please review these important reminders regarding the 8th grade Knott's Berry Farm Trip on May 29.

1. Ticket sales window is open for two weeks (April 8 - April 19) and cost \$118 (KBF entry, food voucher, and round trip transportation)
2. Tickets will be sold before school, during lunch, and after school as well as on the CVMS Webstore
3. Sales are final; refunds cannot be issued
4. Both forms attached here must be signed and submitted for student to attend the trip
5. In order to attend, students must maintain good citizenship leading up to the trip date

If you have any questions, please contact Xi Chen at xi.chen@sduhsd.net or Roberta Blank at roberta.blank@sduhsd.net.

We're looking forward to a great day and a great way to celebrate the (near) completion of 8th grade at CVMS!

Sincerely,
Nathan Molina
Assistant Principal

COUNSELOR'S CORNER

We are pleased to announce that our final Career Speaker Series of the year is coming up on April 25th . To round out the year, we have Keith MacLaren, a pilot for Atlas Air Worldwide as well as the Marinc Corps. We will also have Sean McGrogan, an engineer who has worked in many different areas from electric vehicles to micoprocessor chips. As always, there is plenty of space available but students need to sign up now and can do so on the Learning Commons Website or the link will be made available via their teacher's google classroom. Please encourage your student to take advantage of this great opportunity.

We are so grateful to all the parents and community members who have volunteered their time to participage in the Speaker Series to expose our students to the workd of vastly different career paths that are available to them. If you are interetsed in gifting us forty minutes of your time next school year to share your career story with our students, please email Laura Stepanian at Laura.Stepanian@sduhsd.net. Parent and community particpate makes this program successful!



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ASB & GENERAL NEWS

ASB Events.

Wellness Week 4/15-19/2024

ASB has planned a week of wellness to promote positive mental health.

[See wellness week calendar here.](#)

Be sure not to miss PJ day on Friday 4/19/24

8th Grade Knott's Berry Farm Tickets on Sale - April 15-19. Tickets will include entry to the park, transportation, and a meal ticket. The cost of the trip is \$118. Permission slips MUST be turned in or your student will NOT be allowed on the bus, and there will be NO refunds. Please see the information letter [attached here](#) for more information.

Coffee with the Principal - is on April 19th at 8:30 a.m. in our PAC. We will be discussing ??????. There will be a PTSA Association Meeting immediately following that everyone is welcome to stay for.

ML Learner Parent Meeting April 24 from 6-7:30 p.m. at Earl Warren Middle School. There is an optional parent meet and greet from 5:30 -6 p.m. All English Learner family members are welcome; there will be refreshments, and a reclassification ceremony.

Yearbook wants to thank you for your photos all year. We are now finished creating the book and it's off to print! We only have 30 remaining to sell - go to [Jostens.com](https://www.jostens.com) to buy yours today! We will not be able to order extras and online ordering will soon close.

Carmel Valley Library News - [click here](#) for their flyer.



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PTSA NEWS



The CVMS PTSA Membership Drive has started! By joining the CVMS PTSA, your dues support our school and students. PTSA members can vote on the PTSA budget and PTSA Board Officers. Memberships are \$25 per person. Joining the PTSA does not mean you are obligated to volunteer or make other commitments at our school. To sign up for a PTSA Membership visit: [PTSA Membership](#).

Shop to Support - In addition to our annual fundraiser that is coming up, there are other easy ways you can support CVMS every day. Shop these retailers and the CVMS PTSA receives donations when you make a purchase.

Ralphs Community Contribution Program – link your Ralphs card account and they will send a donation every time you swipe your card. [Click here](#) for instructions.

CVMS MUSIC BOOSTERS



JAZZFEST! - Join us to celebrate Jazz throughout the entire district. Each of our SDUHSD schools will perform at Jazzfest - Saturday April 13th. 5:00 PM @ Torrey Pines High School

We look forward to seeing you at our upcoming End of the Year Concerts - [Wednesday, May 22nd \(String Orchestras\)](#) and [Thursday May 23rd \(Bands and Jazz\)](#)

Volunteers: The CVMS Music Boosters are always looking for volunteers to assist in making instrumental music available to all CVMS students for years to come. If you are interested, please take a moment to complete this [volunteer form](#).

Please consider a tax deductible [donation](#) to our Music Department! Your generosity ensures a robust music program like no other for this year and beyond!



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RESOURCES AND LINKS

[CVMS Website](#)
[CVMS Calendar](#)
[CVMS PTSA](#)

[CVMS Bell Schedule](#)
[SDUHSD Website](#)

Carmel Valley Middle School
3800 Mykonos Lane
San Diego, CA 92130

Website: cv.sduhsd.net
Phone: 858-481-8221
Fax: 858-481-8256

REPEATED NEWS

CVMS Math League Accomplishments: On Saturday (March 23rd) CVMS Math Counts team participated in the Math Counts State competition.

Our team (Andrew Jahng, Chris Chen, Kevin Yang, Sepehr Golsefidy) got 2nd place among teams coming from all over Southern California.

Individually Andrew Junwon Jahng got 2nd place, Sepehr Golsefidy 3rd place and Kevin Yang 8th place. Also on the Count Down part of the competition Sepehr Golsefidy got 1st place.

On Sunday (March 24th) 3 teams from CVMS participated in CCA Math Bonanza. CVMS Team 1 (Andrew Jahng, Chris Chen, Kevin Yang, Sepehr Golsefidy) got 2nd place in the Middle School section and 3rd in the High School section.

On Thursday (March 28th) Torrey Pines had their math contest called Falcon Math Contest. For this one, teams don't have to be from one school. But our students did very well in that one too.

Andrew Jahng (with his teammate Rohan Malik from PTMS) got 1st place.

Kevin Yang and Chris Chen got 2nd place.

Sepehr Golsefidy and Alex Chen got 4th place.

Sihu Ahn and Ally Kim got 5th place.

Congratulations to all who participated.

PE & Spiritwear: PE clothing & spiritwear items are still on sale at the Finance Window or through the CVMS webstore [link](#). New reversible sweatshirts in new colors are available.

Carmel Valley Library News - [click here](#) for their flyer.

Job Opportunity at CVMS: We have a job opportunity for a part-time Campus Supervisor at Carmel Valley Middle School. The hours are 11:06 a.m. to 3:00 p.m. Monday-Friday.

Please visit the job posting for more information:

[Click here](#)



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Message from the Superintendent's Office